

What happens next

We will acknowledge your entry and check that you have sponsorship forms and/or using 'justgiving' to collect sponsorship. We will also provide more information about the route, guidance on how to get to the Sports Ground, and further information about what to expect on the day itself.

We provide:

- a T-shirt – which will be given to you at the beginning of the walk (you may wish, of course, to recycle your last one)
- water and snacks throughout the route
- a medal for each walker on completion of the walk
- a small gift (from our sponsors) as a thank you for taking part in the walk
- coffee and cake at the end



You will find our marshals throughout the route – they are there to help you on your way. All of our marshals are in contact with first aid help.

It is possible to complete the route in a wheelchair but wheelchair users must be accompanied by a helper and two entry applications submitted.

Please let us know if any special requirements are needed.



We would particularly like to thank our Accountants, Milne Craig, who are based in Paisley, for their advice and continued support in preparing our annual accounts.

We would like to record our thanks to our sponsors – The University of Dundee, Strathmore Water, Walkers Shortbread Ltd, Burton's Foods and DC Thomson Co Ltd. Thanks also to Asda, Tesco and Morrisons for snacks provided for our Walkers.

All photos courtesy of Mr Iain Gordon – www.magdalengreen.co.uk

Twilight Walk

Fighting Breast and Prostate Cancer in Scotland

DUNDEE
SATURDAY
29th APRIL 2017
– 3pm start –



To get your application form contact:
email: info@breastfootforward.org or Tel or text: 07591 007 540 or
Download form from website: www.breastfootforward.org



SC034367



The Twilight Walk 2017 is a Sponsored Walk

As cancer incidence increases, join us to raise funds to offer support for those affected by cancer.

Note the date:

Saturday 29 April 2017

Time - 3pm start

Entry Fee £15

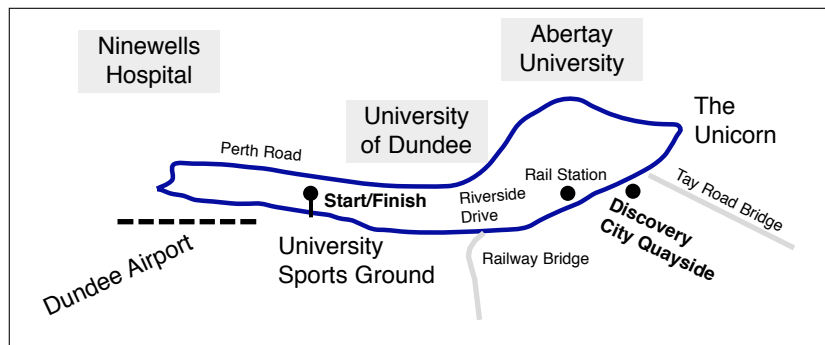
We would like to invite you to take part

Take positive steps to increase your own physical activity in 2017 by participating in the Twilight Walk alongside friends, family and colleagues.

*“make a difference and take a walk - you will feel like new”
(Ron Kerr, ISE member and cancer survivor)*

**The Walk starts and finishes at:
The University of Dundee Sports Ground,
Riverside Drive DD2 1UQ
(near the airport)**

**ROUTE
6.5 miles**



Please email or telephone us for further information about either distance:
info@breastfootforward.org or Tel or Text: 07591 007 540

How to Enter?

Please send all entries to us by 8th April 2017.

Use the entry form enclosed *or* Download and print entry forms from our website www.breastfootforward.org

Complete the entry form and return it to:

Twilight Walk Application

PO Box 28942, Dalkeith EH22 9AR



Please enclose your entry fee of £15 as a cheque payable to Breast Foot Forward.

For online payment follow the Instructions on our website

We very much welcome teams. Please remember that we need an application form and entry fee from each member of the team.

If you are walking as part of a team, also fill in the team name on the entry form.

